

Whole Milk under 2 yr
Skim Milk over 2 yrs

Scurry Community Services Menu

Vitamin A*
Vitamin C**
Vitamin A & C***

Period 1

MONDAY
Dec. 1, 2014

BREAKFAST

Waffles w/Syrup
Grape Juice(1)
Milk
Water

LUNCH

Chicken Nuggets
Sweet Potatoes*
Green Beans
Milk & Water

SNACK

Oranges**
(Mandarin Oranges
For under 2)
Vanilla Yogurt
Water

TUESDAY
Dec. 2

Breakfast Biscuits
Orange Juice**(1)
Milk
Water

Fish Sandwich
Dynamite Squash
Peas
Milk & Water

Snack Crackers
Cheese Sticks/Cubes
Water

WEDNESDAY
Dec. 3

Cold Cereal
Bananas
Milk
Water

Beef Spaghetti
Lettuce/Tomato*** Salad
Strawberry**&Mango***
Milk
Water

Chicken Feed
(Cheerios, Pretzels)
Milk
Water

THURSDAY
Dec. 4

Oatmeal
Pineapple Juice**(1)
Milk
Water

Beef Bengotti
w/Corn
Peaches
Milk & Water

Vanilla Wafers
Pudding
Milk
Water

FRIDAY
Dec. 5

Wheat Toast w/Jelly
Grapefruit Slices**
Milk
Water

Chicken & Stuffing
Baby Carrots*
Cranberry Sauce
Milk
Water

Banana RollUps
Water

Period 2

MONDAY
Dec. 8, 2014

Malt-O-Meal
Pineapple Juice**(1)
Milk
Water

Hamburgers
Lettuce/Tomato***/Pickle
Tater Tots
Milk & Water

Rice
Milk
Water

TUESDAY
Dec. 9

Biscuits w/Jelly
Orange Juice**(1)
Milk
Water

Chicken Salad
On RomaineLettuce Leaf
Sweet Potato Fries*
Saltine Crackers
Milk & Water

PBJ Sandwiches
Milk
Water

WEDNESDAY
Dec. 10

Whole Wheat Toast
Applesauce
Milk
Water

Shepherds Pie
w/Mashed Potatoes**
Green Beans
Wheat Rolls
Milk & Water

Apple Slices
Milk
Water

THURSDAY
Dec. 11

Cold Cereal
Apple Juice(1)
Milk
Water

Tuna Helper
Diced Pears
Mandarin Oranges**
Milk & Water

Animal Crackers
w/Dip
Milk
Water

FRIDAY
Dec. 12

Cheese Quesadillas
Orange Juice**(1)
Milk
Water

Beef Stew w/Corn,
Carrots, Potatoes
Apricots*
Cornbread
Milk & Water

Christmas Parfaits
Milk
Water

(1) – Not recommended for children under 12 mo. of age to drink juice – substitute fresh, canned or baby food fruit or vegetable.

Whole Milk under 2 yr
Skim Milk over 2 yrs

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Vitamin A*
Vitamin C**
Vitamin A & C***

Period 3

MONDAY
Dec. 15, 2014

BREAKFAST

Pancakes w/Syrup
Grape Juice(1)
Milk
Water

LUNCH

English Muffin Pizza
w/Ham
(on bread for under 2)
Carrot** & Celery Sticks*
Peaches
Milk & Water

SNACK

Apple Slices
Milk
Water

TUESDAY
Dec. 16

Board Meeting

Oatmeal Bars
Pineapple Juice**(1)
Milk
Water

Chili Beans
Corn
Mandarin Oranges**
Cornbread
Milk & Water

Bananas
Milk
Water

WEDNESDAY
Dec. 17

Biscuits w/Jelly
Apple Juice(1)
Milk
Water

Sloppy Joes
Spinach*** w/dip
Pineapple Tidbits
Milk
Water

Scotch Shortbread
Milk
Water

THURSDAY
Dec. 18

Wheat Toast w/Jelly
Grapefruit Slices**
Milk
Water

Baked Breaded Fish Sticks
French Fries
Cabbage & Carrot Salad***
Milk & Water

Cheese Cubes
Whole Wheat
Crackers
Water

FRIDAY
Dec. 19

Cold Cereal
Orange Juice**(1)
Milk
Water

Chicken & Rice
Peaches
Fresh Broccoli***
Milk
Water

Christmas Cookies
Milk
Water

Period 4

MONDAY
Dec. 22, 2014

HS & ISD
CLOSED

Cold Cereal
Pineapple Juice**(1)
Milk
Water

Beef Tacos
w/Lettuce & Tomato***
Corn
Milk & Water

Fruit Cups
Milk
Water

TUESDAY
Dec. 23

HS & ISD
CLOSED

Toast
Grape Juice(1)
Milk
Water

Ham & Cheese Sandwich
Potato Soup
Baby Carrots**
Milk & Water

Oranges**
Mandarin Oranges
for under 2
Milk & Water

WEDNESDAY
Dec. 24

HOLIDAY

Malt-O-Meal
Orange Juice**(1)
Milk
Water

Tuna Salad
Tater Tots
Apricots*
Pita Bread
Milk & Water

Waffle Sticks
Milk
Water

THURSDAY
Dec. 25

HOLIDAY

Biscuits
Sausage Gravy
Apple Juice(1)
Milk & Water

Turkey
Sweet Potatoes*
Cranberry Sauce
Hot Rolls
Milk & Water

Peanut Butter Pixies
Milk
Water

FRIDAY
Dec. 26

HOLIDAY

Tortilla Rolls
w/Bananas &
Peanut Butter
Water

Beef Enchilada Casserole
Fresh Spinach***
w/Ranch Dressing
Milk & Water

Water

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